

Family Centre

Fall 2007 Membership & Class Information

905-274-9561 332 Lakeshore Rd E., Mississauga www.roundaboutkids.ca familycentre@roundaboutkids.ca

Types of Membership

Premium Membership:

\$90 / Session

Benefits:

- 2 Weekly Parenting Support Group Classes per Session
- 10% off all In-Store Resale Items
- 10% off all Roundabout Kids Family Centre Specialty Classes

Basic Membership:

\$60 / Session

Benefits:

- 1 Weekly Parenting Support Group Class per Session
- 10% off all In-Store Resale Items
- 10% off all Roundabout Kids Family Centre Specialty Classes

4 Class Membership:

\$21 / 4 Classes

Benefits:

- 1 Weekly Parenting Support Group Class for 4 weeks
- 10% off all Roundabout Kids Family Centre Specialty Classes

Pay-as-you-Go Membership:

\$5.50 / Class

Benefits:

1 Parenting Support Group Class

Please note that the Roundabout Kids Family Centre keeps class sizes small & intimate. This is so that you can meet other moms and have honest and valuable time to enjoy the groups and speakers.

Remember to sign up early as spaces fill quickly!

Weekly Parenting Groups

Parent & Baby Group

Choice of: Monday Morning 9:30am to 11:30am
 Tuesday Afternoon 1:30pm to 3:30pm

• This group will focus on meeting other new moms while enjoying presentations from guest speakers from the local area.

Babywearing Group

• Choice of: Tuesday Morning 9:30am to 11:30am Friday Morning 9:30am to 11:30am

- This group will focus on understanding the world of babywearing! We will focus on different types of carriers, instructions on how to use them, as well as common carrier challenges.
- A great way to come and try out a variety of carriers, as well as meet other babywearing mammas (and pappas!)

Breastfeeding Support Group

- Choice of: Thursday Morning 9:30am to 11:30am
 Friday Afternoon 12:00pm to 2:00pm
- This group will focus on supporting mothers and their babies in their breastfeeding relationship. Different topics will be discussed each week.
- All breastfeeding babies and children welcome

Roundabout Kids Family Centre Specialty Classes

Parent Car Seat Safety

2 Hours - \$25 single/ \$40 couple
Focus on importance of using a carseat correctly, Ontario law, common carseat challenges, and useful tips on how to pick the best carseat for your child.

Welcome Home Baby! Class

2 Hour - \$25 single/\$40 couple

Focus on answering common questions about what happens after baby comes home. Discuss newborn characteristics, soothing skills, how to facilitate bonding, and an insightful look at adjusting to motherhood.

Other Specialty Classes being offered:

First Aid for Parents
Prenatal Breastfeeding Classes
Sleep Like a Baby Workshop
New Baby, Old Pet? Introducing Baby to Fido Workshop

& More!

Contact us for more Details and Class Dates!

\$10 Administration Fee is charged for all class cancellations

Room Rental Also Available, Ask us for Details!

Information provided by the Roundabout Family Centre is not intended to replace medical advice on personal health matters. Such advice should be obtained from an appropriate health care professional.

Should breastfeeding problems be complicated by medical issues, we will refer you and baby to a Health professional.